

# Family Thrive for Parents and Carers



A six week course to introduce you to the fundamentals of Thrive and how it works in practice.

Have you ever wondered what's happening when your child

- won't listen
- answers back?
- has a tantrum?

Come on this course to find out about

- how our brains develop
- how your right brain talks to your left brain!
- why play and creativity are so important to you and your child
- how to support your child at times of change and difficulty
- everyday trigger times and how to keep calm
- how to be a behaviour detective
- Thrive in your school



Learn about the amazing growth of your child's brain through childhood and help support their emotional development.

Where and When

Session Dates: Monday 4<sup>th</sup> June, 11<sup>th</sup> June, 18<sup>th</sup> June, 25<sup>th</sup> June, 2<sup>nd</sup> July & 9<sup>th</sup> July

Session Times: 9am – 11am

Venue: Bessacarr Primary School

**To book your place or find out more**

The course is run by a Thrive approved Course Leader who is an experienced Licensed Practitioner or above. It is suitable for you if your child has Thrive support available in school or elsewhere. To book your place or to find out more, please contact

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To find out more about Thrive and other courses on offer, please visit [www.thriveapproach.co.uk](http://www.thriveapproach.co.uk)